

## **2023 ACTIVITIES**

### **REPORT ON EMPOWERMENT PROGRAM FOR YOUNG GIRLS-REVALORIZING YOUR YOUTH, APRIL 2023.**

#### **Introduction**

Daily, while walking with girls, I witness the harsh realities they face-stories of abuse beginning as early as age five, leaving lasting scars. The environment exposes them to both physical and emotional abuse, often from trusted figures. This reality necessitates urgent intervention to protect and empower these vulnerable young girls.

#### **Objectives:**

- Empower girls to defend themselves against imminent abuse.
- Enhance self-worth and change negative self-perceptions.
- Enable them to discover their potential through mentorship and supportive platforms.

#### **Purpose of Program**

- Teach Self-defense: equip young girls with the knowledge and skills to protect themselves from imminent abuse.
- Build Self-worth: help young girls redefine their self-perception, adding value to their lives and challenging negative societal narratives.
- Foster Growth and Mentorship: provide mentorship opportunities and create platforms where girls can discover and develop their potential.
- Encourage Spiritual and Personal Development: guide young girls toward fulfilling the purpose God has destined for them.

